



Training Opportunities for Voluntary Youth Projects (VYP)

Please find below, a list of training opportunities available to organisations working with young people in the Bournemouth and Poole areas. If you need further information or would like to attend one of these sessions please contact the organiser directly.

As a VYP, Bournemouth CVS offers support to help your organisation meet its aims and flourish. We provide information about training, group or individual support and create networking opportunities. This schedule will be updated regularly. Please alert us to any other training opportunities you know of.

Contact: dani.ford-horne@bournemouthcvs.org.uk

SAFEGUARDING

Level 2 Safeguarding Children and Young People:

This course is essential for all youth workers (paid or voluntary) who are working in a support role and have not attended any previous safeguarding training. The course will cover the following: The different categories and signs and symptoms of abuse; How to support a young person making a disclosure; How to make a safeguarding referral; Keeping young people and yourself safe; Issues relating to E-Safety (covered by Police Safer Schools Team).

Date & Time: SATURDAY 25/11/17 9.30am—3.30pm

Training Provider: Jean Arnold (DCC) & the Police Safer Schools Team

Venue: The Training Centre, 56 Kings Road, Dorchester, DT1 1NJ

To Book: Go to www.dorsetnexus.org.uk or phone 01305 224995

Cost: Fees are on a scale. Please contact Dorset Youth for further details

For further information contact: Jean Arnold, Training and Development Youth Worker
01305 221729

Child protection: an introduction - online course

An online introductory safeguarding course for anyone working with children. Gain the skills you need to act appropriately and confidently to protect the children you work with. Working at your own pace, our introductory online training course will give you a clear understanding of how to recognise, report and record concerns about a child's welfare.

Courses developed in line with Department for Education's statutory guidance for England 'Working together to safeguard children' and our courses for schools and colleges with 'Keeping children safe in education'. Courses are CPD certified.

Date & Time: Any time — takes approximately 3 hours to complete

Training Provider: NSPCC

Cost: £20

To Book: www.nspcc.org.uk/what-you-can-do/get-expert-training/child-protection-introduction

FIRST AID

Emergency First Aid at Work (for Youth Club Leaders & Youth Workers)

Outcomes: Assessing situation and acting safely and promptly in an emergency ; Administering first aid in a variety of incidents, bleeding, burns, broken limbs; Putting casualty in recovery position; Resuscitation; Using a defibrillator; Recording the incident; Awareness of cross-contamination

Date & Time: SATURDAY 25/11/17 9.00am—4.30pm

Training Provider: Simon Allison

Venue: Dorset Youth Association, Lubbecke Way, Dorchester, DT1 1QL

To Book: Go to www.dorsetnexus.org.uk or phone 01305 224995

Cost: Fees are on a scale. Please contact Dorset Youth for further details

For further information contact: Jean Arnold, Training and Development Youth Worker
01305 221729

Emergency First Aid at Work:

To understand the role of a first aider including preventing cross infection, recording incidents and actions and the use of available equipment. The course will cover: Situation assessment; Administer first aid to an unconscious casualty (including seizures); CPR (cardiopulmonary resuscitation); Choking; Wounds and bleeding; Shock; Minor injuries.

Training Provider: South Western Ambulance Service Trust

To Book: Visit www.firstaid-swast.co.uk or phone 0300 3690350

Cost: £82 per person or £650 for a group of 9 -12 people

For further information: Email commercial.training@swast.nhs.uk

Dates & Times: **WEDNESDAY 08/11/17:** 9.00am-5.00pm
Bournemouth Life Centre, 713 Wimborne Road, BH9 2AU

WEDNESDAY 06/12/17: 9.00am-5.00pm
St Leonards Training Centre, 241 Ringwood Road, Bournemouth, BH24 2SP

WEDNESDAY 13/11/17: 9.00am-5.00pm
Dorchester Ambulance Centre, 13 Lubbecke Way, Dorchester,
DT1 1QL

WEDNESDAY 13/12/17: 9.00am-5.00pm
Bournemouth Life Centre, 713 Wimborne Road, Bournemouth, BH9 2AU

WEDNESDAY 22/11/17: 9.00am-5.00pm
St Leonards Training Centre, 241 Ringwood Road, Bournemouth,
BH24 2SP

SOCIAL SUPPORT & AWARENESS

Motivating Young People and Dealing with Challenging Behaviour

This course will cover: Developing methods to motivate young people; Exploring appropriate methods of communication in relation to motivation; Understanding 'What is conflict?'; Working with young people around conflict issues; Exploring appropriate language when dealing with conflict

Date & Time: SATURDAY 02/12/17 9.30am—4.00pm

Training Provider: Natasha Emin (Life Train UK)

Venue: The Training Centre, 56 Kings Road, Dorchester, DT1 1NJ

To Book: Go to www.dorsetnexus.org.uk or phone 01305 224995

Cost: Fees are on a scale. Please contact Dorset Youth for further details

For further information contact: Jean Arnold, Training and Development Youth Worker
01305 221729

HEALTH AWARENESS

An Introduction to Working with People who Self Harm

To increase understanding of self harming behaviour and feel more confident about working with people who self harm

Dates & Times: MONDAY 20/11/17 9.30am—4.30pm

Training Provider: Social Care Workforce Development & Training Service

Venue: 43 Bingham Road, Winton, Bournemouth, BH9 1BS

To Book:

Cost: £40 per person

For further information: Tel: 01202 456700
Email: Kristeen.primaroh@bournemouth.gov.uk

Self-Harm and Suicide Awareness

This 2-day course addresses the taboo subject of self-harm and suicide head-on and covers the following topics — Day One: Myths surrounding self-harm; Deliberate self-harm; Risk indicators for self-harming behaviour; Cycle of self-harm; Working with distressed young people; Useful organisations that offer help. Day Two: Information about suicide; Understanding suicidal behaviour; Recognising risk; The effect of suicide on those working with young people

Dates & Times: THURSDAY 30/11/17 & FRIDAY 01/12/17 9.30am — 4.00pm

Training Provider: Natasha Emin (Life Train UK)

Venue: The Children's Centre, Black Lane, Blandford Forum, DT11 8SW

To Book: Go to www.dorsetnexus.org.uk or phone 01305 224995

Cost: Fees are on a scale. Please contact Dorset Youth for further details

For further information: Jean Arnold, Training and Development Youth Worker
01305 221729

HEALTH AWARENESS

Introduction to Drug Awareness: Exploring the different types of drugs commonly used and their risks and effects; Considering the motivation behind drug use; and the impact of drugs on the individual and on society.

Introduction to Alcohol Awareness: This workshop provides an understanding of the risks and effects of alcohol use; increases awareness of screening techniques; and explores brief interventions appropriate for alcohol use.

Dates & Times: EVERY FRIDAY. 9.30am — 12.30pm

Training Provider: EDAS (Essential Drugs & Alcohol Services)

Venue: EDAS Learning Centre, 54a Ashley Road, Parkstone, BH14 9BN

To Book: Visit: www.edasuk.org/training/courses

Cost: £40 per person

For further information: Tel: 01202 743279

Mental Health First Aid

2-day course: The skills and techniques are suitable for use with children and young people over the age of 8 years. By the end of the Event, participants will have had the opportunity to learn about and explore:- Spot the early signs of a mental health issue in young people; Feel confident helping a young person experiencing mental ill health; Provide help on a first aid basis; Help protect a young person who might be at risk of harm; Help prevent a mental health issue from getting worse; Help a young person recover faster; Guide a young person towards the right support; Reduce the stigma of mental health issues.

Date & Time: TUESDAY 09/01 & WEDNESDAY 10/01/18 9.00am-5.00pm

Training Provider: Pete Marsh, Bournemouth CPD

Venue: Early Years Centre for Professional Development (EYCPD), Rear of Queens Park Children's Centre, East Way, Bournemouth, BH8 9PU

To Book: Go to: www.bournemouthcpd.co.uk click into Bournemouth Early Help and find course by selecting appropriate date

Cost: £20 per person

For further information: Email Carol-Anne McNicol
childcare.jobs@bournemouth.gov.uk

CAREER DEVELOPMENT

Introduction to Youth Work

This course is recommended for anyone new to the role of a youth worker (paid or voluntary) and will cover: What is 'Youth Work?'; Keeping young people and yourself safe; How to plan and evaluate youth work activities

Date & Time: SATURDAY 27/01/18 9.30am — 4.00pm

Training Provider: Evelyn Gardener, Dorset County Council

Venue: The Training Centre, 56 Kings Road, Dorchester, DT1 1NJ

To Book: Go to www.dorsetnexus.org.uk or phone 01305 224995

Cost: Fees are on a scale. Please contact Dorset Youth for further details

For further information contact: Jean Arnold, Training and Development Youth Worker
01305 221729

Level 2 / Level 3 Youth Work Qualification

For youth workers, students, volunteers and anyone else interested in getting involved in youth work. The course will cover; Theories of Youth Work; Working with Groups; Safeguarding; Reflective Practice etc. *(Started in May 2017, and set across 15 sessions over a year. The group are 5-5 sessions in, but there is the option to join and support will be given to catch up.)*

Date & Time: EVERY THURSDAY OR FRIDAY 6.15 — 8.15pm *(attend 1 per week)* **Training Provider:** AIM Community

Venue: AIM Community, East Howe Youth Centre, Kinson Road, BH10 5HD

To Book: Email: aim.community@fyt.org.uk

Cost: FREE

For further information: Email: aim.community@fyt.org.uk

